



LADIES - 90 DAY GROUP BODY FITNESS CHALLENGE

“SHAPE UP FOR SPRING”

Take the group fitness challenge, at our exclusive training facility . It is time to invest in yourself, you have nothing to lose but weight.

**Package
Value \$710**

January Special

\$199.00^a Month

3 Person Private Group Sessions

**(fee per person)*

12 Weeks of Intense Personal Training

Weekly Meeting w/Nutritionist

Free Yoga Classes

Weekly Recipes and Tips

Weekly Measurements/Weigh-ins

Register by January 19, 2018

To Enter into a Drawing for a Free Month!

TO REGISTER:

<http://teampaynetraining.com/>

OR

Call: 704-390-5540

Start Date: January 22, 2018

Location: 1906 Garner Station Blvd

Raleigh, NC 27603

Only 10 teams and spaces are limited.

**GRAND PRIZE FOR GROUP THAT
LOSES THE MOST WEIGHT**